

**DAY 30- REFLECTION/EVIDENCE**  
**DAILY JOURNAL ENTRY**

**REFLECTION:**

As a result of my commitment to studying the principles of the Science of Getting Rich, listed below are the ways in which I feel I have improved by applying or implementing the knowledge and insights I acquired (e.g. mindset shift, gratitude expression, managing thoughts, journaling, creating or manifesting my desires, increased positivity and or outlook towards life, detachment etc)

---

---

---

---

---

---

---

---

**Gratitude:**

Looking back at the last 30 days I am the MOST grateful for \_\_\_\_\_

---

---

---

---

**EVIDENCE:**

I have proven for myself that the application of these principles work because I experienced this EVIDENCE that my 30 day intention manifested or I have proof it is in the process of being manifested (stay the course).

---

---

---