

Evidence Tracker

Raising your Belief

Documenting the evidence (even if it is only a penny) is a great way to increase your energy and belief to align to all that is coming your way.

I encourage you to begin documenting Evidence of what is showing up in your life that is aligned to your new clarity of what you desire. Each day list proof that occurred that day to show that your Intentions are manifesting.

AREA I AM FOCUSED ON _____ (e.g. **MONEY/Finance**)

- **REVIEWED MY IDEAL SITUATION IN THIS AREA**
- **REVIEWED LIST OF THINGS I AM GRATEFUL FOR**

WHAT GOOD THINGS SHOWED UP IN THIS AREA OF MY LIFE TODAY?

Monday: _____

Tuesday: _____

Wednesday: _____

Thursday: _____

Friday: _____

Saturday: _____

Sunday: _____